



*The meaning of the world becomes reality
through the deed of human beings
illuminated by wisdom and warmed by love.*
Rudolf Steiner, Wahrspruchworte
(Truth-Wrought Words)/GA 40, p. 256

Newsletter October 2016

To the co-workers of the anthroposophic medical movement



Participants at the IKAM Perspectives Conference in October 2016. From left to right: Heike Sommer, Rolf Heine, Laura Borghi, Herbert Wolpert, Jan Göschel, Georg Soldner, Matthias Girke, Stefan Schmidt-Troschke, Anna Sophia Werthmann, Roland Bersdorf, Marion Debus, Elma Pressel, Manfred Kohlhase, Ellen Keller, Andreas Arendt, Hartmut Horn, Jan Feldmann, Dagmar Brauer, Stefan Langhammer, Kirstin Kaiser, Helmut Kiene, Aglaja Graf, David Martin, Andreas Jäschke.

Dear friends,

Recent weeks have been marked by numerous encounters: the Goetheanum World Conference at Michaelmas in a community of over 800 people from 50 nations concerned itself with important questions about the future of the Anthroposophical Society. The Sections presented their work objectives and contributed this to the joint discussion. From 21–23 October the retreat of the Medical Section to examine future perspectives was held with (almost) all IKAM coordinators and the experienced facilitator Herbert Wolpert at Lukas House of Klinik Arlesheim. With regard to the five work priorities, which we are now calling the “care subject areas”:

- pregnancy, birth and early childhood, living with disability
- fever, infectious diseases and growing antibiotic resistance
- anxiety, sleep disorders, trauma and trauma sequelae
- cancer
- chronic pain, palliative medicine, dealing with dying and death,

the first concrete goals have been agreed. In order to be able to do justice to the various aspects of each subject area (concept, teaching, research, implementation in therapeutic practice), the Section leadership and IKAM will set up multiprofessional teams for each care subject area. Communication and public relations are very important for each of the above subject areas and in this respect, too, work was undertaken on initial approaches at the retreat. The care subject areas relate to the health needs and challenges of the present time and represent work priorities in which Anthroposophic Medicine can make important contributions.

At the two IPMTs in October (Colombia with around 90 participants and Mexico with approx. 150 participants) the inspirational impulse with regard to Anthroposophic Medicine and the pleasure in the encounter could be directly experienced; they are a source of strength for further developments in these countries.

The threshold to the spiritual world lives in human encounter. For a deeper understanding we have to learn to look completely away from ourselves and our everyday world, “fall asleep” we might say with regard to the content of our own consciousness. In these brief moments of falling asleep in the human encounter, we cross the threshold of the spiritual world in order to awaken in the spiritual and soul being of the other person. Moments of proximity to the spirit thus arise in the encounter in which new

inspirations and impulses can be born. In this spirit we are happy about the many impulses and good ideas for the future work of the Section which are emerging in so many places, which can connect us and which out of the community receive special strength for their realisation and implementation.

With warm greetings,
Matthias Girke and Georg Soldner

Other news

Departure of Rüdiger Grimm: change of leadership at the Council for Curative Education and Social Therapy

At the end of the international conference "... and growing, root me in existence", which took place at the Goetheanum from 3–7 October, a discussion was held in the plenary session in which **Rüdiger Grimm's 21-year leadership of the Council for Curative Education and Social Therapy** was honoured and he was bidden farewell in this international setting. The new leadership team, which will succeed him in January 2017, was also introduced. Afterwards **the new leadership team, consisting of Jan Göschel (USA), Sonja Zausch (Germany) and Bart Vanmechelen (Belgium)**, took on the responsibility for and moderated the annual retreat of the Council for Curative Education and Social Therapy which was attended by about 70 people.

The Council is the central organ of the anthroposophical curative education movement and consists of representatives from about fifty countries as well as representatives from various working groups. This network is supported and coordinated by the Council leadership and its office in Dornach. It was a pleasure that Georg Soldner, as the new deputy head of the Medical Section, set out in a keynote lecture and following discussion the current core themes in the work field of the physicians which revealed a variety of parallels and linkages with some of the themes in special needs education, social therapy and social psychiatry.

In a process of dialogue eight major subject areas for the work of the Council in the coming years were mapped out: strengthening the inner spiritual core, generational change, resources and publications, networking, training, visibility, new areas and forms of work, as well as research and development.

(Jan Göschel)

Work on Rudolf Steiner's medical lectures: The seminar with Peter Selg planned for January 2017 on Rudolf Steiner's medical lectures has unfortunately had to be cancelled. We are therefore all the more pleased to be able to announce today that from 22–24 January 2018 (Monday to Wednesday) there will be a three-day conference at the Goetheanum on the chronologically parallel lecture cycles GA 313 and GA 315 (eurythmy therapy) with Peter Selg, Johannes Weinzierl, Matthias Girke and Georg Soldner.

The ELIANT Alliance is on the path to becoming a force to be reckoned with in civil society in Europe: <https://eliant.eu/en/news/>. On 7 November 2016 its tenth anniversary will be celebrated with a conference in Brussels and ELIANT friends and activists are warmly invited:

<https://eliant.eu/en/news/freedom-of-choice/>

New developments at the Academy for Anthroposophical Therapy and Art (ATKA) in Dornach: For many years a number of anthroposophically oriented training and advanced training courses have been working to deepen their collaboration under the umbrella of ATKA. Now these steps have matured to the extent that at the end of October we will combine to provide training in various courses. This concerns the Orpheus School of Music Therapy, the Dornach Free Painting School, Sculptural Artistic Training and AmWort. We look forward to taking this step into the future. Interdisciplinary exchange also for the students is very close to our heart. We intend to create even more space in the future for joint teaching. We celebrate integration and you are warmly invited on 29 October 2016!

Book recommendations

The Vademecum of Anthroposophic Medicines in Spanish: *Vademécum de Medicamentos*

Antroposóficos. Editado por: La Sociedad de Médicos Antroposóficos de Alemania Soc. Reg. La Sección Médica de la Escuela Superior Libre para la Ciencia Espiritual. 1a edición en español. Suppl.: *Der Merkurstab*. Vol. 69, 2016. Pedido:

<http://www.merkurstab.de/index.php5?page=108&lang=0&ausgabe=436>

WU Klünker, J Reiner, M Tolksdorf, R Wiese: *Psychologie des Ich*. Anthroposophische Psychotherapie. Verlag Freies Geistesleben 2016: www.geistesleben.de/buecher/9783772527418/psychologie-des-ich
R Scheer, S Alban, H Becker, AM Beer, W Blaschek, W Kreis, H Matthes, H Schilcher, G Spahn, R Stange (eds.): *Die Mistel in der Tumorthherapie 4. Stand der Forschung, klinische Anwendung*. KVC Verlag 2016
C Slezak-Schindler: *Lebendige Sprachgestaltung. I, II, III*. 3 DVD videos with textbooks. The sample exercises can be used for self-training as well as for deepening the creative speech work with children and adults: www.haus-der-sprache.org/marie-steiner-verlag-verlagsprogramm

Dates and events

- 19.11.2016 **Right to childhood – the responsibility lies with us!** A symposium in Hanover/DE with Dr Michaela Glöckler, Johannes Stüttgen and Prof. Dr Manfred Spitzer: <http://www.waldorfkindergarten.de/aktuelles.html>
- 26–31.12.2016 **Rudolf Steiner's four Mystery Dramas. Christmas conference at the Goetheanum/CH.** Programme and registration at: https://www.goetheanum.org/fileadmin/vk/2016/12_Weihnachtstagung/MDflyer2016.pdf
- From 13.1.2017 **Start of 2-year training in Anthroposophic Medicine at Klinik Arlesheim AG/CH** for medical students, assistant physicians and specialist physicians: www.aerzteausbildung.ch
- 15–22.1.2017 **International Postgraduate Medical Training/IPMT in Santiago de Chile.** Programme: <http://www.yohanan.cl/anuales.html>
- 5–12.2.2017 **International Postgraduate Medical Training/IPMT in Buenos Aires/AR.** Programme: <http://ipmt.medsektion-goetheanum.org/en/courses>
- 4–5.3.2017 **From superficial contact to real encounter with the patient in the therapeutic relationship.** Interprofessional seminar work of the School of Spiritual Science in Berlin/DE. Further details at: <http://www.gaed.de/hoerschultagung-2017.html>
- 18-25.3.2017 **International Postgraduate Medical Training/IPMT in Bangkok/THA.** Programme: <http://ipmt.medsektion-goetheanum.org/en/courses>
- 24–25.3.2017 **What is life? Current findings on the roots of and knowledge about life.** 6th Witten Colloquium on Humanism, Medicine and Philosophy in Herdecke/DE. Programme and registration see Newsletter attachment.
- 22–29.4.2017 **International Postgraduate Medical Training/IPMT in Fair Oaks/USA.** Programme: http://ipmt.medsektion-goetheanum.org/files/PDF/en/USA_IPMT_2017_brochure.pdf
- 3–5.5.2017 **World Congress Integrative Medicine & Health 2017** in Berlin/DE. Information: <https://www.ecim-iccmr.org/2017/>

Dornach, 27 October 2016