



Dear Friends and colleagues from IFAPA,

Following are the answers from the Compendium 2018:

**A. a.1**

1. In Brazil we are going through an economic, social and institutional crisis. It's noticeable the rising of intolerance and the polarizing and division in social political issues. The worsening of the economic crisis is putting people in a difficult situation to keep their status-quo and well-being. There is more unemployment and stress too. We can see that clearly at the clinic with more patients with stress related problems, anxiety disturbs, depression, obsession disturbs and questions about their lives and professions. We've noticed that people are looking for ways for understanding psychological problems and are searching for new treatments. For that reason there is more interest in Anthroposophy treatment in general and Anthroposophic Psychological in particular.

**a.2**

**1. The Board:**

In June 2017 a new board was appointed. This will be the third ABPA management (2017-2020). Just a part of the previous board was replaced. It is a concern of ours to maintain some members of the board to keep the work going. The members who left are now on the Council or Committees in order to help with the ever growing work.

And this is the new board:

**President:** Mariangela de Fátima Motta de Luca

**Vice-President:** Edgard Gregorio Correia

**First Secretary:** Patrícia Couto Gimael

**Second Secretary:** Leonor Aparecida Fronza

**Treasurer:** Sandra de Souza Lobo Stirbulov

**Fiscal Council:** Maria Adelina Bastos Rennó

**Publishing Committee:** Patrícia Botelho de Moraes e Mariangela Motta de Luca

**Communication Committee:** Patrícia Gimael e Edgard Correia

**Committee CRP/CFP (Regional and Federal Council of Psychology):** Ney Alvares e Maria Inês do Amaral Alvares

**International Committee:** Maria Adelina Bastos Rennó e Patrícia Botelho de Moraes

**Council:**

Eliane Utescher

Gláucia Rodovalho

Sandra Okajima

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facebook: ABPA-Associação-Brasileira-de-Psicólogos-Antroposóficos

### 3. The following activities are scheduled for 2018:

#### Continuing Education Courses:

- Course: Biography and Art (April 2018).
- Course: Pastoral Medicine (July 2018).
- Study Group: Psychosophy (1o Semester 2018).
- Course: Psychology and Anthroposophy: An integrative approach- Body, Soul, Spirit (September 2018)

### 4. The 2ª ABPA management (2014-2017) developed or participated in the following activities:

#### Accomplishments:

##### Books:

- Publishing the 2<sup>nd</sup> edition of the book “Conceitos Fundamentais para uma Psicologia Antroposófica” (*Principles for Anthroposophical Psychology*) R. Steiner lectures, org. by M. Treichler. (including *Psychosophy*) partnership with Antroposófica Publisher, 2016.
- Publishing the book “Transtornos Mentais: Um olhar da Psicologia Antroposófica” (*Lifting the Veil of Mental Illness*) – William Bento, partnership with Antroposófica Publisher, 2014
- Publishing the book “Psicologia Antroposófica e outros escritos” (*Anthroposophical Psychology and other writings*)- William Bento, partnership with João de Barro Publisher, 2017.
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#### Publishing booklets of interest for the area of Psychology:

- TIPOS FUNCIONAIS METÁLICOS EM PSICOLOGIA E MEDICINA  
Excertos de Selawry A. *Types fonctionnels métalliques en psychologie & médecine*. Paris: Éditions de la Maisnie, 1990. Tradução de Moacyr M. Morais e Jorge K. Hosomi – 2016.
- OS SETE TIPOS ANÍMICOS (*The Seven Soul Types*)  
Max Stibbe – Hawethom Press, 1989 – tradução: Gláucia Rodovalho – 2016.
- AS METAMORFOSES DA ALMA (*Metamorphoses of the Soul*)  
Rudolf Steiner – tradução de Nilza Tabai –São Paulo, 2017.

- O POTENCIAL TRANSFORMADOR DOS CONTOS DE FADAS (*The transformative power of fairytales*)  
*Metamorfoseando histórias internas* - Sonia Loureiro – 2015
- CONTOS DE FADAS – SENTIDOS HUMANOS E VIRTUDES (*Fairytales- Human senses and virtue*)  
Tradução: Moacyr M. Morais e Jorge K. Hosomi- São Paulo- 2009.
- TRIÂNGULO BIOGRÁFICO (*Biographic Triangle*)  
Adelina Rennó, 2015.

#### **Symposiums / Congresses / Journeys:**

- Completion of the First EPAPA – “Encontro Pan-Americano de Psicologia e Antroposofia and Extension Course – “A Somatic Psycho-diagnostic Approach to Personality Disorders: An Understanding of Personality through Spatial Orientation” with Dr. William Bento (second semester of 2014).
- Participation in the XII Brazilian conference in Anthroposophical Medicine / Juiz de Fora – MG (2015)
- Support to the lecture: “Our Biography and the Initiatic Path in Present Time” - Anita Charton / SP - (2015)
- Support to the 1st International Symposium “Lo Humano em Tiempos de Crisis” – Chile (2016)
- Completion of the Third Anthroposophical Psychology Journey - Psychology and Anthroposophical : How I do in: The violence ; The third age; The action of the double in relationship difficulties; The artistic practice at the therapeutic setting (2016)
- Support to the Medicine Conference in Juiz de Fora- MG (july 2016)
- Completion of **The 1o Brazilian Congress of Anthroposophy and Psychology – “Psychopathology: Diagnostic and Therapeutic”** from 1st to 4th June 2017.

#### **Representations and Partnerships:**

- Participation as a representative in CIMA – “Comitê Íbero-Americano Multidisciplinar Antroposófico”
- Achievement of contacts and partnership with various Anthroposophical Institutions.
- Participation of the Conference on Leadership in The Anthroposophic Medical Movement, A Conference of Psychotherapists and Module II of The Train the Trainers in Psychotherapy and Anthroposophy for certificated professionals of the International Federation of Anthroposophical Psychotherapy Associations – IFAPA, in Emerson College, in June of 2016.
- Participation of the General Assembly Meeting of IFAPA in Emerson College, in June of 2016.

- Representations throughout the following states and cities: Aracaju (SE), Belo Horizonte (MG), Brasília (DF), Curitiba(PR), Franca (SP), Juiz de Fora (MG), Recife(PE), Rio de Janeiro(RJ), São Paulo (SP.)

### **Regional Council Activities (CRP – Conselho Regional de Psicologia)**

- Participation in regional Congresses (COREPs) and National Congress of Psychology (CNP), promoted by the Regional Councils and Federal Council of Psychology (CPF) through elected delegates.
- Work with the CRP in São Paulo, Juiz de Fora, Belo Horizonte and Curitiba. The motions and approved guidelines have already been disclosed. The participation continues with periodic meetings in their respective CRPs. In 2010, 2013 and 2016.

### **Lectures / Continuing Education Courses:**

- Course: “The work of FORMS as a therapeutic resource” (second semester of 2014).
- Course: The therapist’s inner path: Challenges for the curative task (May 2015)
- Course: Anamnesis and diagnosis: The usage of the Biographical Triangle (September2015)
- Course: Biographical Counseling Method in dialogue with the Anthroposophical Therapy (November 2015)
- Course: Neurodevelopment and its mirror in the nervous system (March 2016)
- Course: Fairy Tales as a Clinical Case Reports Metaphor (September 2016)
- **Course: Psychology and Anthroposophy: An integrative approach** from 12th to 14th october 2017 with themes as: Zeitgeist Disorders, Disorders in the first 3 seven periods of life, Therapy for Disorders in the 3 seven periods of life, Bodywork in Psychotherapy, Mental disorders-animalization in fairy tales, Family and social community, Beyond the Consciousness soul, Human encounters and karma, Evil and its ways and others themes.

### **Practical Achievements:**

- Responsible for the website [www.abpa.com.br](http://www.abpa.com.br) . In addition to virtual library exclusively for members, includes the name and contact of the associates, news and links related to Anthroposophical Psychology.
- Organization and regulation of the register and the documentation of members of ABPA.

### **Support for Training of Anthroposophical Psychologists**

#### **Post Graduate Course**

#### **“Clinical Psychology and Anthroposophy”**

Medical Science College of Santa Casa de São Paulo

Total Hours:364h 2 years course

3 graduated groups- 2009/2010;2011/2012; 2013/2014.

**Specialization Course – São Paulo**  
**“Anthroposophy in the Health Field”**

UNIFESP – Universidade Federal de São Paulo

Núcleo de Medicina Antroposófica – NUMA

Total hours: 372h (with an internship program) 1 year course

**Deepening Course– São Paulo**  
**“Clinical Psychology and Anthroposophy”**

Instituto Sedes Sapientie

Total hours: 124h 1 year course

**Cultural Expansion Course– São Paulo**  
**“Anthroposophy and Psychology- The Stages of Human Development”**

Instituto Sedes Sapientie

Total hours: 22h 3 months course

**Formation Course – Curitiba**  
**“Formation in Anthroposophic Psychology and its therapeutical contributions”**

Instituto Rudolf Steiner - Due to differences regarding the concept of the formation course we are not able to support this event until now. This discussion is in process.

**5. Difficulties:**

- We have some difficulties to publicize the Association’s events.
- Due to the Brazilian economic crisis it’s been hard to collect the members’ contributions.

[www.abpa.com.br](http://www.abpa.com.br)

April, 2018. São Paulo- Brazil