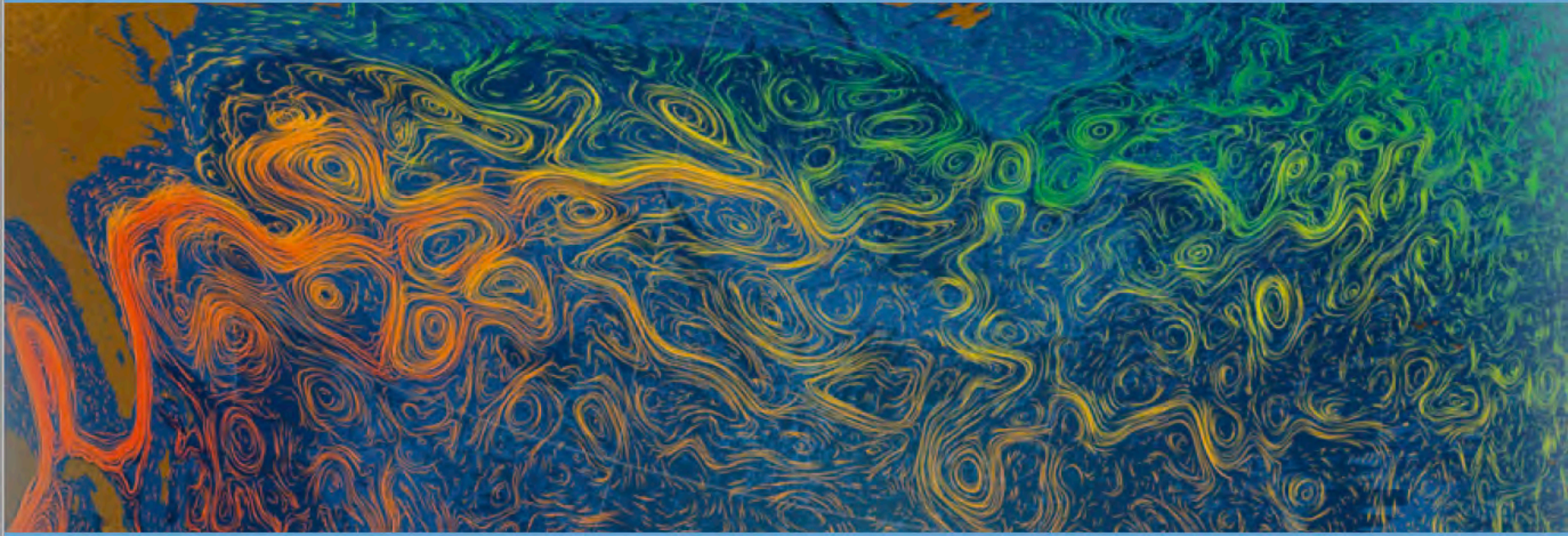




Anthroposophic
Medicine



International Annual Conference
14 to 19 September 2021
Medical Section at the Goetheanum

Human and Planetary Health

The Responsibility of
Medicine for People
and Nature

Psychotherapy specialist conference: The Specificity of Anthroposophic Psychotherapy

The International Federation of Anthroposophic Psychotherapy Associations (IFAPA) is pleased to invite you to the conference "The Specificity of Anthroposophic Psychotherapy".

In October 1997, with the first World Congress for Psychotherapy and Anthroposophy in Driebergen, the Netherlands, the first seeds were sown for the worldwide spread of anthroposophic psychotherapy. Since then, colleagues in more than a dozen countries have trained, qualified and developed their own access routes. With this specialist conference in 2021, they carry the fruits of this work into the annual conference of the professional communities of Anthroposophic Medicine.

In six lectures, the contributing colleagues will present psychotherapeutic topics related to current issues of the health of people and planet earth from the perspectives of their countries of origin.

In the subsequent discussion within the international community of psychotherapists and in the central panel discussion, the specific anthroposophical psychotherapeutic features of diagnostic and therapeutic procedures will be made visible.

On behalf of the IFAPA board, the preparatory group with *Vasuprada Kartic*, *Giovanna Bettini*, *Henriette Dekkers* and *Hartmut Horn* sends you greetings and looks forward to welcoming you in Dornach!

Tuesday, 14 Sept	Wednesday, 15 Sept	Thursday, 16 Sept
14.45 Joint start of specialist conferences Introduction: Healing with forces that create and shape life – the ecological dimension of medicine <i>Matthias Girke, Rolf Heine, Georg Soldner</i> Introduction of specialist conferences	08.00 Meditative and artistic prelude 09.00 Announcements / Day's motif Physical manifestations of trauma in different phases of the soul under pandemic conditions <i>Vasuprada Kartic</i> 10.45 Break 11.30 Anthroposophy-based psychotherapy <i>Markus Treichler, Johannes Reiner</i> 12.45 Lunch break 14.45 What is special about anthroposophic psychotherapy Panel discussion Moderator: <i>Hartmut Horn</i> 16.00 Break 16.45 The healing power of anthroposophic psychotherapy in pandemic-related disorders <i>Henriette Dekkers</i> 18.00 Evening break 20.00 Active principles of pharmacy <i>Vesna Forštnerič, Albert Schmidli</i>	08.00 Meditative and artistic prelude 09.00 Announcements / Day's motif "Ad Dekkers Exercises" A unique feature of anthroposophic psychotherapy training <i>Ad Dekkers</i> 10.45 Break 11.30 Covid-19 and the anthroposophical way of thinking in psychotherapy <i>Giovanna Bettini</i> 12.45 Lunch break